



Competitive Swimming with Southern Cross Swimming Club

Southern Cross Swimming Club is part of the **Brisbane Swimming** region, and our club competes in the Brisbane Premiership Competition.

There are four levels of meets within the Brisbane Region. These are Championship, A-Grade, Development and Introductory Meets.

- **Regional Championship Meets**, held at Chandler(except Open Water) for ages 8+ who have met the Qualifying times
- **A Grade Meets (major qualifying meets). Times:** may be used to qualify for all meets
- **Development Meets (all other qualifying meets). Times:** may be used to qualify for all meets except Qld and Australian Championships (Must include Rule Tolerance events)
- **Introductory Meets (non-qualifying meets). Times:** cannot be used to qualify for any meet

See following page for more info on which meet is applicable to each age group.

All meets, closing dates & results will be published on the “Meets” page of the Club Web Site & emailed out by the Race Secretary.

If you wish to receive these Meet emails, please send a request to racesecretary@scsaints.org.au to be included on the mailing list.

NB. It is not necessary to swim competitively to be involved with Club Nights. Club Night are run within the Club environment. Times are NOT recognised outside the Club & Nominations are handled by the Club Night Recorder & NOT the Race Secretary.

How to Nominate for a Meet:

The Race Secretary advise of upcoming meets and their Nomination Closing Date. The program/flyer will be uploaded to the SCSC MEETS web page. It will list the Nominations Fees & the list of events, as well as the nomination closing date and any conditions or Qualification Times required.

The majority of MEETS are now using **Online Nominations**. Follow the **ONLINE NOMINATIONS** link either on the program or on the SCSC Web page to complete your nominations via the ClubLane online nomination system. You will need a Club Lane login and password for each swimmer nominating. *If you do not have these, please contact the SCSC Registrar/Race Secretary by email.*

Select the events you wish to enter (you will only be able to nominate for events for which you are eligible through age, gender or qualifying times). Credit card payment for these nominations must be completed at the same time. The Meet host or Race Secretary will send out an entry checklist after the closing date. It is up to you to check this is correct & advise immediately if there are any errors.

To nominate for a meet that is **not taking ONLINE** entries, please email the SCSC Race Secretary (as below) with the swimmer's name, meet name and events to be entered, prior to the closing date.

Refunds may only be claimed if the swimmer withdraws their nominations before the meet is sent to the host, or from meet hosts if the swimmer has a Medical Certificate – to be submitted to Race Secretary.

Please email racesecretary@scsaints.org.au if you have any questions about Meets & Nominations.

AGE	MEET TYPE	Details
6& Under – 12yrs	Introductory Meets, <i>designed for novice swimmers</i>	Include 25m Races for younger swimmers All Rule Tolerance (RT) events (no disqualifications) Times recorded at these meets <u>cannot</u> be used to qualify for any other meets
6 & Under - Open	Development Meets <i>a stepping stone for swimmers progressing along the competition pathway</i>	Include 25m Races for younger swimmers & Rule Tolerance (RT) events (no disqualifications) Development meets usually include events for older swimmers, with the meet broken into 2 sessions – 12 & Under, 13 & Over Times recorded at these Meets (excluding RT events) can be used to qualify for all meets <u>except</u> Championships conducted by SQ and Swimming Australia
8+	A Grade Qualifying Meets <i>the highest level of competition conducted by clubs</i>	NO Rule Tolerance events. Distances start from 50m Times recorded can be used to qualify for all other meets including State & National Championships.
8-12Yrs	Junior Metropolitan Champs	“Junior Mets” held at Chandler in March. Qualifying times apply Range of events starting from 50m
8 – Open	Brisbane Swimming Regional Championships – at Chandler	Brisbane Short Course - events held in 25m Pool Brisbane Sprints – 50m events only Qualifying times apply to all these meets
10 - Open	Brisbane Open Water Champs	Held at Lake Kawana, distances start from 1.25km
13 - Open	Senior Metropolitan Champs	“Senior Mets” held at Chandler generally in October/November (In March for the 2016/17 season). Qualifying times apply.
9 – Open	Qld Short Course Champs & Qld Sprint Champs	Short Course Champs – held in 25m pool – held after Brisbane SC Champs Sprints – all events 50m – held after Brisbane Sprints Qualifying times apply
9 - Open	Brisbane Relays & Qld Relays	Age groups start at 9-10years, to Open. No qualifying times
12 - Open	QLD Championships	Events start at 100m Meet runs over 7 days, with day 1 the QLD Relays Qualifying times apply
Common Terms: SC Short Course – Events held in a 25m pool LC Long Course – Events held in 50m (Olympic size) pool QT Qualifying Times – Times that must be met to be eligible to compete in that event.		TM Team Manager database program that is used to maintain swimmers details & results MC Multi Class – Only Swimmers who have received a disability (MC) classification may nominate for MC events RT. Rule Tolerance event with NO disqualifications